Centre for International Development and Training (CIDT)

Helping people find their own path to development

Strengthening capacity for inclusive and sustainable development

CIDT is a social enterprise within the University of Wolverhampton in the United Kingdom. We are the partner of choice for empowering individuals, organisations and institutions to attain their full potential and reach their desired goals.

CIDT is a centre of excellence in capacity strengthening for international development. We have worked in more than 140 countries worldwide to deliver programmes, projects and consultancies aimed at enhancing capacity across a range of sectors. We draw from over 40 years of experience in teaching, training and facilitating learning and collaboration among diverse stakeholders as well as helping to establish or reinforce systems, strategies and tools for sustainable development. By applying demand-driven, contextually-tailored, and highly participatory approaches, we offer practical solutions for positive change.

Our Core Values

Partnership Effectiveness Equity Participation Integrity Sustainability



"Giving support to others is sometimes harder than actually doing things yourselves. Coaching and mentoring are really key to success. CIDT's role in this work has been very effective. The team of the National Climate and Environmental Fund (FONERWA) were empowered and had their confidence built in a really constructive manner."

Simone Bannister, UK Department for International Development (DfID)/Rwanda



"Thank you for staying focused and delivering a quality document that will help AGRA define its relationships and engagement strategies going forward. Congratulations for working with everyone in our team to bring this great process to an end. I really loved your work!"

Sylvia Mwichuli, Director of Communications Department, Alliance for a Green Revolution in Africa (AGRA)

Our work in MfDR

What is MfDR?

MfDR is a development approach that seeks to maximize impact and outcomes while optimizing resources and delivering quality outputs. It focuses on strategic, results-oriented design and planning as well as the use of performance information to improve evidence-based decision-making. MfDR involves using a set of well-structured, practical tools to guide situation/needs analysis, strategic and operational planning, budgeting and ensuring value for money (VfM), risk management, progress monitoring, and outcome/impact evaluation.

Context of MfDR

Over the last few decades, there has been a growing interest in the results of international development projects and programmes as well as in the performance and accountability of multilateral development institutions, governments and other international development actors. While the terms have evolved over time and are used slightly differently by different stakeholders, a common set of values have been prioritized: efficiency (in terms of use of resources) and effectiveness (in terms of achieving desired results) as well as donor alignment, harmonisation, accountability and country ownership.

Our Approach to MfDR

CIDT's MfDR approach focuses on improving organisational performance and meeting internal objectives while ensuring that the work the organisations do is effective, efficient and has a meaningful impact for external beneficiaries. As such, it encompasses both the United Nation's standard definition of MfDR – which is mostly externally focused and concerned with aid effectiveness and development results that reach target countries and beneficiaries – and their definition of Results-Based Management (RBM) – which is typically more internally focused and concentrated on organisational development and efficiencies within an institution.



Contributing to the Sustainable Development Goals (SDGs)

Given its cross-cutting nature and its applicability to all sectors, MfDR contributes to the achievement of all seventeen SDGs. Applying MfDR/RBM principles and approaches to work across all these areas should better enable development partners to optimize resources, orient programmes toward results, and conduct effective monitoring and evaluation.

Our MfDR-related products and services

We provide training, facilitation, technical assistance and advisory services to individuals, project/programme teams and organisations in the following aspects of MfDR:

Strategic Management (Project/Programme Design and Strategic Planning)

Improving aid effectiveness and relevance by supporting diverse stakeholders to design results-oriented projects, programmes, strategies and plans as well as to develop and use Theories of Change and results frameworks such as LogFrames.

This includes provision of technical assistance to apply a set of well-structured MfDR principles and tools for the identification and formulation of results-based projects, programmes, strategies, plans and/or frameworks. It may involve facilitation of participatory exercises to conduct visioning, set goals and objectives, assess risk, identify and plan efficiently-resourced activities, and develop SMART indicators to measure achievements.

We also offer both face-to-face and online training in: RBM/MfDR and the Logical Framework Approach (LFA); project/programme design and proposal development; Programme and Project Cycle Management (PPCM); and related topics.

Monitoring, Evaluation and Learning (MEL)

Designing, conducting, facilitating and strengthening capacity in: project/ programme monitoring, review and evaluation; documenting and sharing of lesson learnt and best practices; and institutional performance monitoring.

We have an outstanding track record of managing and conducting complex impact evaluations, project baseline surveys and programme reviews, using both quantitative and qualitative data collection and analysis. We often undertake desk-based literature reviews, stakeholder consultations and organisational, situational or needs assessments across a range of settings.

We have provided senior-level advisory services in Monitoring and Evaluation (M&E) to clients ranging from United Nations agencies to national-level civil society platforms in developing countries. Our services range from: technical assistance on the elaboration or revision of M&E plans; to developing performance indicator reference sheets (PIRS), M&E Operational Manuals, frontline data collection forms and reporting templates, data flow charts and other tools to support routine monitoring and reporting; to designing and delivering training in M&E; to reviewing and scoring M&E sections of grant proposals on behalf of the donor.

Experience-sharing and Lesson Learning

Facilitating experience-sharing and identification, documentation and/or dissemination of lessons learnt and best practices.

Drawing from our expertise in facilitating adult-learning and participatory approaches, we create opportunities for experience-and information-sharing among diverse stakeholders. We also specialise in documenting and sharing lesson learnt and best practices, through publications, forums, communities of practice, and other channels.

Our experience includes facilitating analysis and dialogue among governments and community-based organisations in Africa, Asia and Latin America, in order to identify and prioritise lessons, models and practices for dissemination, scaleup and/or replication. We have also promoted organisational learning by generating, documenting and transferring knowledge within an organisation, as part of an ongoing cyclical process that links learning to decision-making, follow-up and programming. We can provide face-to-face and online training as well as professionally facilitated workshops in Monitoring, Evaluation and Learning (MEL), as well.

Organisational Development (OD)

Strengthening team and organisational capacity to manage for results, through organisational appraisals and capacity assessments followed by tailored support for organisational development.

Our RBM tools and approaches provide a structured way to guide thinking on organisational mandate (vision, mission and values), institutional structure and functions, strategic planning and prioritization, performance management, and an array of other aspects of organisational development (OD). Our OD efforts aim to strengthen team and organisational capacity to manage for results. They are applicable to entire organisations or specific departments, as well as to both formal and non-formal platforms, networks and other groups.

CIDT can design and lead capacity assessments and conduct organisational appraisals, which generate recommendations for institutional strengthening. We facilitate workshops, team-building sessions and/ or other participatory processes (such as strategic planning, stakeholder analysis, participatory development of partnership and engagement strategies, etc.). We also offer OD support in the form of technical assistance, coaching and advisory services that are tailored to the particular needs of your organisation, department or team.



"I've participated in many workshops, seminars and trainings in my career. But I learned a lot more in this one because of the methodology used. It was highly interactive, with all participants exchanging ideas and making contributions. It's a method everyone should apply, instead of just one-way lecturing."

Participant of a CIDT-led training workshop on results-based Project Design and Proposal Development using the LFA approach

Our signature 'Seven Step' model

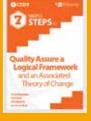
CIDT's approach to the results-oriented design of projects, programmes and organisational strategies features a 'Seven Step' model that takes participants through a participatory process of structured analysis and decision-making.

We have developed and tested a range of handbooks and other tools to promote MfDR including:













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